



# Legacy Giving

Giving a legacy in your will could support us in either or both of the areas below:

- **Establish more Friendship Groups for people who are isolated and experiencing difficulties with their mental health.**
- **Enable more individuals experiencing mental health problems in Nigeria to receive the support that they need through Edawu.**

A legacy to ACCEPT is a gift to future generations of people whose lives have been affected due to mental health problems. It is your opportunity to make a difference to the lives of people less fortunate than ourselves. A legacy will give us the opportunity to plan our long-term work well into the future, meaning your legacy will make a lasting difference for many years to come.

Leaving a legacy to ACCEPT does not have to be a choice between providing for your family and loved ones or a donation to charity. You can remember both your own family and individuals with mental health problems who we are working with.

Making a Will is the only way to ensure that your wishes are respected after your death so it's important that you make a one and ensure it is kept up to date. What's more, legacies left to charities are free of Inheritance Tax, making your gift go even further. A common way of remembering a favourite charity in your Will is to leave the proportion of your estate above the Inheritance Tax threshold (currently £325000) to charity, thereby avoiding the payment of Tax.

If you already have a Will that you feel is up to date, and don't want the expense or trouble of making a new one, you can add a Codicil (an appendix) which expresses your wishes. Like your Will, this must be signed by the testator in the presence of two witnesses who are not beneficiaries.

Gifts in wills can be:

- **Residuary Bequest**  
Leaving the remainder of your estate after all other bequests have been made and debts cleared.
- **Pecuniary Bequest**  
A gift of a fixed sum of money. This will decrease in real terms overtime as the cost of living increases.
- **Specific Bequest**  
A bequest of a specific item or thing, for example a piece of art, jewellery or furniture.
- **Contingent Bequest**  
This is a bequest dependent upon the occurrence of another event. For example, a donation to charity may be made if someone else in the Will dies before the testator.

When making a Will or adding a Codicil, it is important that you take the advice of a legal professional, such as a solicitor, to ensure that it conforms to the law and is not declared invalid after your death. Your legal professional will also be able to advise you on tax efficient ways of distributing your estate.

To make a donation to ACCEPT, the full name of the charity, the charity number and our address must be included in your will. The information is provided below:

**ACCEPT Mental Health Trust, Amity House, 6 Hollier's Walk, Hinckley, Leics. LE10 1QW**

**Registered Charity Number 1101764**

If you would like any more information about leaving a legacy in your will, please contact Aidan Lucas on 01455 234245 or email [aidan@accept-mht.com](mailto:aidan@accept-mht.com)